SMOKING BEHAVIOR OF MAINE WOMEN DURING AND AFTER PREGNANCY

MAINE PREGNANCY RISK ASSESSMENT MONITORING SYSTEM (PRAMS) 1988-1992

- In Maine, twenty out of every seventy pre-pregnancy smokers are no longer smoking in their last three months of pregnancy. Of those twenty women, eleven are still not smoking 3-6 months after delivery.
- An additional twenty-six out of every seventy pre-pregnancy smokers reduce their smoking levels by their last three months of pregnancy.
- Of the twenty-six women who reduce smoking levels, eleven maintain some reduction 3-6 months after delivery.

Pre-pregnancy Smokers





Pre-pregnancy smokers who continue to smoke in the last three months of their pregnancy are almost twice as likely to have a low-birth-weight baby as non-smokers. Low birth weight (less than 5 1/2 pounds) is a leading indicator of infant death and disease.

> For further data on this topic, please contact: the Office of Data, Research, and Vital Statistics, Bureau of Health at 35 Anthony Avenue, State House Station 11, Augusta, Maine 04333-0011 The contact person is: Judy Danna - 624-5445

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